



Tendring
District Council

Holiday activities



2017 Holiday
Activities at

DOVERCOURT BAY LIFESTYLES

Tel: 01255 686176

Date	Time	Activities	Description	Ages	Cost	Helpful info
Monday 24- Friday 28 July	9-9.30 & 9.30-10	Crash course Junior Swimming Lessons	Beginners (Stage 1 & 2) & Improvers (Stage 3 & 4)	4 +	£22.50	(8.30-9 & 9- 9.30 Tuesday only)
Saturday- 22 & 29 July & 5, 12, 19, 26 Aug & 2 Sept	11.00am- 12.50pm	Junior Fun Session	**Navigate the all new Twin Track Pool Inflatable**	3-15	£3.00 (U16)	Adults (£4) may accompany junior swimmers.
Saturday- 22 & 29 July & 5, 12, 19, 26 Aug & 2 Sept	1.00pm – 6.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Sunday-23 & 30 July & 6, 13, 20, 27 Aug & 3 Sept	11.00am – 1.00pm	Float Fun Session	Enjoy the Pool With Floats & Woggles	Any	£3.00 (U16)	Ages 16+ = £4.00
Sunday-23 & 30 July & 6, 13, 20, 27 Aug & 3 Sept	8.00am – 11.00am & 1.00pm – 6.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00



For up to date information
down-load GymJam App
(iPhone only)

GYM JAM



Find us on
Facebook

Just click on



Tendring Leisure Centres

for the latest information and updates

www.tendringdc.gov.uk



Tendring
District Council

Holiday activities



2017 Holiday Activities at

DOVERCOURT BAY LIFESTYLES Tel: **01255 686176**

Date	Time	Activities	Description	Ages	Cost	Helpful info
Monday 24 & 31 July & 7, 14, 21, 28 Aug	10.30am – 6.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Tuesday 25 July & 1, 8, 15, 22, 29 Aug	10.30am– 4.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Wednesday 26 July & 2, 9, 16, 23, 30 Aug	11.30am – 4.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Thursday 28 July & 4, 11, 18, 25, Aug & 1 Sept	10.00am – 12.00 noon	Junior Fun Session	**Navigate the all new Twin Track Pool Inflatable**	3-15	£3.00 (U16)	Adults (£4) may accompany junior swimmers.
Thursday 27 July & 3, 10, 17, 24, 31 Aug	12.00noon – 5.30pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Friday 28 July & 4, 11, 18, 25, Aug & 1 Sept	10.30am – 4.00pm	Public Swimming Session	Have Fun in the 25 Meter Pool	Any	£3.00 (U16)	Ages 16+ = £4.00
Sat 22 July – Sun 3 Sept	9.00am – 5.00pm	Junior Football	Unsupervised Use of the Astro Pitch for Football	5-16	£1.30	Subject to Availability



For up to date information
down-load **GymJam** App
(iPhone only)

GYM JAM



Find us on
Facebook

Just click on



Tendring Leisure Centres

for the latest information and updates

www.tendringdc.gov.uk